



LUNCH MENU

MONDAY TO SATURDAY 12:30 - 17:00

STARTERS

HOMEMADE SOUP OF THE DAY (V)(VV) €6.80

Served with Homemade Soda Bread
(WH1) (GF)

CHICKEN WINGS (HOT BUFFALO/BBQ) €9.95

Served with Garlic Sauce
(MK, SP) (GF)

CASTLE DARGAN VEGAN SUPER BOWL SALAD (V)(VV) €12.05

Marinated Quinoa, Pickled Beetroot, Baby Leaves, Pumpkin Seeds, Asparagus & Avocado in Lemon Vinaigrette
(SY) (GF)

POKE BOWL €14.20

(SMOKED SALMON OR GRILLED CHICKEN)

Smoked Salmon or Grilled Chicken, Boiled Egg, Avocado, Gem Leaves, Lentil Puy, Gherkins, Capers, Lemon & Sesame in Soy Truffle Lemon Dressing
(EG, SE, SY, WH1, SP)

CHILLI GARLIC PRAWNS €9.95

Shrimp Cooked in Asian Marinade, Soy, Chilli, Peppers
Served with Garlic Bread
(MK, SE, SY, SP, CS, WH1)

BREAD & MAIN

BEEF BURGER €18.35

Brioche Bun with Cheddar Cheese, Mayo, Lettuce, Tomato, Triple Cooked Chips & Side Salad
(MK, SP, WH1) (GF)

FISH & CHIPS €19.35

Battered Hake, Triple Cooked Chips, Homemade Tartare Sauce, Side Salad, Grilled Lemon Wedge
(MK, FH, SP, WH1)

VEGAN EL BURRITO (V) (VV) €13.10

Tortilla Bread Stuffed with Grilled Peppers, Gem Lettuce, Tomato Jam, Kidney Bean, Avocado, Triple Cooked Chips & Side Salad
(SY, MD, SP, WH1)

BEEF REUBEN SANDWICH €21.00

Sourdough Bread, 2 Hour Home Roast Spiced Sirloin Sliced and Served with Caramelised Onions, Cheddar Cheese, Gherkins, Cabbage, Triple Cooked Chips & Side Salad
(MK, MD, SP, WH1) (GF)

CASTLE DARGAN CLUB SANDWICH €12.05

Triple Decker Bread with Mayo Chicken, Bacon, Mixed Leaf Lettuce, Tomato, Mayo & Triple Cooked Chips
(MK, MD, SP, WH1) (GF)

HAM & CHEESE TOASTY DUO €12.05

Irish Ham and Cheese Toasty Served with Soup of the Day
(MK, MD, SP, WH1) (GF)

SIDES

HOMEMADE TRIPLE COOKED CHIPS €4.45

(SP)(GF)

MIXED SALAD & LEMON DRESSING €4.45

(MD, SP) (GF)

MARKET VEGETABLES €4.45

(VV) (GF)

DESSERTS

DELIZIA AL LIMONE €9.50

Chef Special Lemon Shaped Semi Fredo Cheese Cake Served with Salted Cookie Crumb & Homemade Lemon Marmalade
(EG, MK, SP, WH1)

CARAMEL SUNDAE €8.35

Walnut Brownie, Cream, Chocolate Sauce, Vanilla Ice Cream
(EG, MK, SP, WH1)

COCONUT CHIA BERRY VEGAN BOWL (VV) €8.35

Chia Seed Soaked in Coconut Milk Served with Berry Compote, Fresh Berries, Edible Flower
(SP)

SELECTION OF ICE CREAM & SORBET €8.35

Served with Berry Compote & Chocolate Sticks
(EG, MK, SP) (GF)

Allergens List:

*WH= WH1 (Wheat Flour), WH2 (Semolina), WH3 (Wholemeal), WH4 (Wheat Bran), WH5 (Rye), *LP= LP1 (Barley), LP2 (Oats), CS = Crustaceans EG = Eggs, FH = Fish, PN = Peanuts, SY = Soya, MK = Milk, TN = Tree Nuts, CY = Celery, MD = Mustard, SE = Sesame, SP = Sulphites, LP = Lupin, MS = Molluscs, V= Vegetarian VV = Vegan, GF - Gluten Free Option Available